Ava Lunch at the Baptist Church





LUNCHES: Zac Clarke, 11, and brother Nathan, 14, both of Mexborough, are served their lunches by cook Belinda Hill. Picture: Liz Mockler S1176LM



PUDDING: Enjoying their rice pudding are I-r Kath Bennett, 92, of Cedar Avenue, Mexborough, and Betty Rowe, 85, of Ennerdale Close, Mexborough.

MR BILL Marsden will be the preacher at Great Houghton Methodist Church at 10.30am on Sun-

THE REV David Hildred will be the preacher and leader at St Michael and All Angels' Church, Great Houghton, on Sunday at 9.30am. At 6pm the Preacher will be Steve Myers and the Rev David Hildred will be the leader. The service will also be attended by members of Darfield All Saints' Church. Midweek activities during term times include morning prayers at 11.15am on Tuesdays followed by Fellowship Lunch at noon. The JAM Gang meet in the church hall on Tuesdays from 4.30pm.

DEARNE

A SERVICE will be held at Emmanuel Pentecostal Church, Houghton Road Community Centre, Thurnscoe, on Sunday at 10.30am. SERVICES will be held at St Helen's Church,

Thurnscoe, on Sunday at 9am and 6.30pm.

FR PARKINSON will celebrate mass at St Hilda's Church, Thurnscoe, at 10.30am on Sunday. The Parish Office for the booking of weddings and baptisms is open in church on Wednesdays at 6pm. FR CARL Schaefer will conduct masses at St Wilfred's Church, Hickleton on Sunday at 9am and Thursday at 10am. On Tuesday at 7.30pm there will be a service for the Eve of the Assumption.

FR CARL Schaefer will conduct Mass at Goldthorpe Parish Church on Sunday at 10.30am. Midweek masses are on Tuesday and Wednesday at 7pm and Friday at 10.30am.

FR CARL Schaefer will conduct a service at St Andrew's Church, Bolton, on Sunday at 9.30am.

MEXBOROUGH

SUNDAY service at Mexborough Parish Church is held at 10.45am.

SWINTON

SUNG Eucharist at St. Margaret's Parish Church

is on Sunday at 10am. There will also be a Said Eucharist on Monday. SUNDAY services at Bethany Evangelical Church

will be held at 10.30am and 6pm.

WATH-UPON-DEARNE

SUNDAY services at Wath Salvation Army Church are at 10.30am and 5pm.

Something to say? **Tell one of our correspondents** Lee Peace

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Staniforths

High Street, Mexborough

MEXBOROUGH is a Mecca for the afternoon sandwich seeker, with a plethora of different choices on offer. Closest to the South Yorkshire Times office on the High Street, is Staniforths.

Each morning the aroma of bacon, sausages and other assorted goodies entices the passer by into a tempting breakfast

At lunchtime the shop offers a different selection of mouth-watering meals like pasta bakes baked potatoes and the de-licious staple of pork and stuffing sand-

Along with the takeaways, Staniforths always have a fully stocked bakery with pies, tarts, savouries and bread.

If you are looking for a healthy option there are pre-prepared salads and fruit. But back to the sandwiches..

There are dozens of fillings to choose from and there is also a choice of bread to have them made with.

Studying the different types of breadcake on offer, I chose a combi-corn breadcake - a large square wholegrain bap, covered in seeds of various types

For the filling I had tuna mayonnaise with salad, which came to a total of £2.90.

Unwrapped in the office, the somewhat weighty sandwich was easily enough to feed two people.

Taking my first bite, the bread was crusty fresh and delicious and the benefits of having fresh salad heaped on was obvious.

The lettuce onion cucumber and tomato were crunchy and crackled with flavour. No need here for salad cream or fancy chillis.

The tuna was heaped on, together with a couple of slices of hard boiled egg making an extremely satisfying early lunch.

Better for you than a burger or a pre-prepared in a factory sarnie from the supermarket or petrol station.

As I mentioned, Mexborough has a very competitive High Street for prepared food.

Staniforths sets the bar very high when it comes to making quality sandwiches.



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